

# Sutra Book



**Jizo-an Zen Community**

---

## Introductory Rites

### **Celebrant:**

In the Name of the Eternal Buddha,  
In the Name of the Immeasurable Dharma,  
In the Name of the Universal Sangha,  
We Pray

### **Everyone:**

|                          |                                    |
|--------------------------|------------------------------------|
| Buddham Saranam Gacchami | <i>I take refuge in the Buddha</i> |
| Dhammam Saranam Gacchami | <i>I take refuge in the Dharma</i> |
| Sangham Saranam Gacchami | <i>I take refuge in the Sangha</i> |

### **(Be Seated)**

### **Celebrant: ATTA DIPPA**

### **Everyone:**

|               |                                                      |
|---------------|------------------------------------------------------|
| Atta Dipa     | <i>Dwell!</i>                                        |
| Viharatha     | <i>You are the light itself</i>                      |
| Atta Sarana   | <i>Rely on yourself</i>                              |
| Ananna Sarana | <i>Do not rely on others</i>                         |
| Dhamma Dipa   | <i>The Dharma is the Light</i>                       |
| Dhamma Sarana | <i>Rely on the Dharma</i>                            |
| Ananna Sarana | <i>Do not rely on anything other than the Dharma</i> |

### **Celebrant:**

Brothers & Sisters let us pause to consider the effects of how our Thoughts, our Words, and our Actions may have intentionally or unintentionally harmed others.

### **(Pause for Quiet Reflection)**

**Everyone:**

All destructive karma ever committed by me since of old,  
On account of my beginningless greed, anger and ignorance,  
Born of my body, my speech, and my thoughts, I now confess and purify them all.

**Celebrant:**

Committing ourselves to this practice of mindfulness and keeping the Precepts:  
May the merits of this practice be extended to all those who dedicate their lives to the practice of peace and to all those who suffer from the oppression of greed, anger and ignorance. We wish to transform the passions that afflict us and to realize and actualize the Enlightened Way through the practice of not-knowing, bearing witness, and healing.

---

**The Liturgy of the Dharma Teachings****Celebrant:**

Dharma, incomparable, profound, and minutely subtle; pervades the entire Universe; revealing right here right now; is rarely experienced even in hundreds of thousands of millions of eons; May we now see It, listen to It, express and hold It, may we completely understand and actualize this Tathagata's true meaning.

**Reading:** A selected reading is offered

**Everyone:**

Within the struggle, joy, pain, and delight that attend our life; There is an invisible circle of grace that enfolds and encompasses us in every moment. Great Mystery, help us, to perceive the Circle of Grace, to find our place of belonging within it, and to receive the strength the Circle holds for us.

**Celebrant:**

Disciples of the Buddha Way, when I humbly observe the true nature of things, all are the marvelous manifestation of the Tathagata's truth. Atom by atom, instant by instant, all are none other than this mysterious radiance. Because of this our virtuous ancestors extended loving care and reverence toward even such beings as beasts and birds.

How then can we not be humbly grateful for the food, drink, and clothing that nourishes and protects us throughout the day.

**Everyone:**

These being in essence the warm flesh and bones of the great masters, the incarnate compassion of the Buddha: If it is so, with beasts and birds and even with inanimate objects, how much more should we be kind and merciful towards human beings, even those who are foolish. Though they become our sworn enemies, reviling and persecuting us, we should regard them as Bodhisattva manifestations, who in their great compassion are employing skillful means to help emancipate us from the destructive karma we have produced over countless kalpas through our biased self-centered views.

If we awaken in ourselves this deep pure faith, offering humble words, and taking sincere refuge in our Buddha-Nature, then with every thought there will blossom a lotus flower, each within it a Buddha. These Buddhas will establish Pure Lands everywhere and reveal the radiance of the Tathagata beneath our very feet.

May we extend this mind throughout the universe, so that we and all sentient beings may equally bring to fruition the seeds of wisdom.

---

## The Heart Sutra

**Celebrant: Maka Hannya Haramita Shingyo**

**Everyone:**

KAN JI ZAI BO SA GYO JIN **HAN** NYA HA RA MI TA JI **SHO** KEN GO ON KAI KU DO  
IS SAI KU YAKU SHA RI SHI SHIKI FU I **KU** KU FU I SHIKI SHIKI SOKU ZE KU KU  
SOKU ZE SHIKI JU SO GYO SHIKI YAKU BU NYO ZE SHA RI SHI ZE SHO HO KU SO  
FU SHO FU METSU FU KU FU JO FU ZO FU GEN ZE KO KU CHU MU SHIKI MU JU  
SO GYO SHIKI MU GEN NI BI ZE SHIN NI MU SHIKI SHO KO MI SOKU HO MU GEN  
KAI NAI SHI MU I SHIKI KAI MU MU MYO YAKU MU MU MYO JIN NAI SHI MU RO  
SHI YAKU MU RO SHI JIN MU KU SHU METSU DO MU CHI YAKU MU TOKU I MU  
SHO TOK KO **BO** DAI SAT TA E HAN NYA HARA MI TA KO SHIN MU KEI GE MU KEI  
GE KO MU U KU FU ON RI IS SAI TEN DO MU SO KU GYO NE HAN SAN ZE SHO  
BUTSU E HAN NYA HARA MI TA KO TOKU A NOKU TA RA SAM MYAKU SAM BO DAI  
KO CHI HAN NYA HARA MI TA ZE DAI JIN SHU ZE DAI MYO SHU ZE MU JO SHU ZE  
MU TO TO SHU NO JO IS SAI KU SHIN JITSU FU KO KO SETSU HAN NYA HA RA MI  
TA SHU SOKU SETSU SHU WATSU GYA TEI **GYA** TEI HA RA GYA TEI **HARA** SO GYA  
TEI BO JI SOWA KA **HAN** NYA SHIN GYO

**Celebrant: Sho Sai Myo Kichijo Dharani**

**Everyone:** recite three times

**NA** MU SAN MAN DA **MO** TO NAN O HA RA **CHI** KO TO SHA SO NO NAN TO JI TO  
EN **GYA** GYA GYA KI GYA KI UN NUN SHI FU RA SHI FU RA HA RA SHI FU RA HA RA  
SHI FU RA **CHI** SHU SA CHI SHU SA **SHU** SHI RI SHU SHI RI **SO** HA JA SO  
HA JA SEI CHI GYA SHI RI EI SO MO KO

**Celebrant:**

Our words ring out through space beyond the stars. Their virtue and compassion echo back to all the many beings. We recite **Maka Hannya Haramita Shin Gyo** and the **Sho Sai Myo Kichijo Dharani** for renewal of the Buddha-Mind in fields and forests, homes and streets throughout the world. Buddha-Nature pervades the whole Universe, revealing right here now. With our service Let us unite our efforts with Endless Dimension Universal Life:

**Buddha Shakyamuni Dai Osho\***

**Kaizen Jokin Dai Osho**

**Kanzeon Dai Bosatsu**

**Hakuun Ekaku Dai Osho**

**Seishi Dai Bosatsu**

**Koun Zenshin Dai Osho**

**Bodhidharma Dai Osho**

**Jizo Dai Bosatsu\***

**Tozan Ryokai Dai Osho**

**Seijaku Roshi Dai Osho\***

**Dogen Kigen Dai Osho\***

All Teachers past, present and future Dai Osho. Let True-Dharma continue, Universal Sangha relations, Universal Jizo-an Zen Community become complete.

**Celebrant: Vandana**

*Homage to Buddha Shakyamuni*

**Everyone:** recite three times

Namo Tassa

*The Venerable One*

Bhagavato Arahato

*The Enlightened One*

Sama Sambuddhassa

*The Supremely Awakened One*

---

## **Liturgy of The Tathagata**

A teaching or selected reading is offered

---

## **The Concluding Rites**

### **The Great Vows For All\***

#### **Everyone:**

However innumerable all beings are: I vow to love them all.

However inexhaustible desires are: I vow to extinguish them all.

However immeasurable the Truth is: I vow to master It.

However endless the Way is: I vow to follow It.

### **A Benefit For All**

#### **Everyone**

May I become at all times both now and forever:

A protector for those without protection;

A guide for those who have lost their way;

A ship for those with oceans to cross;

A sanctuary for those in danger;

A lamp for those without light;

A place of refuge for those who lack shelter,

and a servant to all in need.

**Celebrant: DHARANI for JIZO / FU E KO**

ON KA KA KABI SA MA EI SOWA KA      *[PRAYER to JIZO DAI BOSATSU]*

ON A BEI DA BI DEI SOWA KA      *[LET TRUE DHARMA CONTINUE]*

NEGAWAKU WA KONO KUDOKU O MOTTE      *[MAY WE EXTEND THIS MIND]*

AMANEKU ISSAI NI OYOBOSHI      *[OVER THE WHOLE UNIVERSE]*

WARERA TO SHUJO TO MINA TOMO NI      *[SO THAT WE AND ALL BEINGS TOGETHER]*

BUTSUDO O JO ZEN KOTO O      *[MAY ATTAIN MATURITY IN BUDDHA'S WISDOM]*

**Everyone performs Four Standing Bows with the Celebrant**

**CHANTED BY EVERYONE (HANDS IN GASSHO)**

JĪ HŌ SAN SHĪ Ī SHĪ FŪ

SHI SON BŪ SA MŌ KŌ SA

MŌ KŌ HŌ JA HŌ RŌ MĪ

*[To all Buddhas in the ten directions and three worlds. All Bodhisattvas, all great teachers (Mahasattvas), Wisdom beyond wisdom.]*